Hearing & Vision Screenings:
Vision Screening will be performed in Grades K thru 5, Grade 7 and Grade 10.
Hearing Screenings will be performed in Grade K thru 4, Grade 7 and Grade 10. Referrals will be mailed home.

Heights & Weights:
Each Student will have his/her body mass index (BMI) calculated and recorded on his/her school record in Grades 1, 4, 7, and 10.
Postural Screening:

Children in Grades 5-9 will have Postural Screenings performed by school nurse per state regulations. A letter is sent home before screenings are performed in Grades 5 & 6.

Physical Examinations:

Comprehensive physical examinations are required for Pre-K, Kindergarten, and Grades 3, 7, and 11. The child’s health care provider must complete the examination dated within 13 months of entry /school year. Physicals are not offered at school, but the forms may be found on school website.

In order to participate in school sports /school sport practices, a sports physical must be completed by health care provider prior to sport activity. Sports physicals must be done annually and expire 13 months from date of the exam.
Screening, Brief Intervention, Referral for Treatment in Schools (SBIRT):

This program screening process will be incorporated into our annual state mandate screenings for Grade 6. In order to help prevent students from starting to use substances or intervene with early use, the school nurse and counselling staff will be providing interview-based screening about the use of alcohol, marijuana and other drugs. Letters and further information about this screening will be sent home mid-year.

Cumulative Record:

An electronic and paper health record, which includes medial history, immunizations, physical examinations and screening results, is kept on each student through his/her school career. Health records are destroyed five years after transferring; graduates are given his/her health record during Senior Week.
**Dental Health:**

A school based dental health clinic, Best Oral Health, is offered to each student in Grades PK thru 6. The school also participates in a Fluoride Varnish program which is done by Tufts School of Medicine. Permission slips for both the dental clinic and Fluoride Varnish Program are available in nurse’s office and sent home at beginning of each school year.

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**Communicable Disease Control:**

All schools are required to keep an immunization record on file for each student enrolled in the school system. You will be notified when your child needs a booster/immunization. Please remember to send a record of any recent immunizations to the school nurse.
Medications:
The school nurse will give prescription medications only if accompanied by a licensed prescribers order and parental consent. If any medication needs to be given during school hours, please contact the nurse. An adult should bring medication in a pharmacy labeled bottle with correct name of student to SMK or WMS. Responsible students may bring their own medication to WJSHS.

Conditions for Exclusion from School:
Students will be excluded from school if their immunizations are not up to date according to state regulations. Student may be excluded from school with certain conditions. The school nurse must see the child upon his/her return to school.
Attendance:
When your child is absent, a note is expected to come with him/her on the day he/she returns to school. The child’s first and last name, date and reason why they were absent should be in the note. If the child is absent for three or more consecutive days with an illness, a doctor’s note may be required. If a vacation is taken during the school year and school days will be missed, please inform the student’s teacher and the main office or school nurse.

Emergency Forms & Updates:
Emergency Health Forms are sent home at beginning of each school year. Please fill out and return to school as soon as possible. Make sure to notify the school nurse and main office if any additions or changes have occurred. Changes include: home telephone number, work place number, cell phone number, and contact person in case of emergency.