

# Ware Public Schools

## WARE MIDDLE SCHOOL BREAKFAST -SEPTEMBER 2018

Aug 7, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 3  SCHOOL CLOSED TODAY LABOR DAY	Sep - 4  JUICE-VARIETY TOAST ASSORTED CEREAL OR BREAKFAST PIZZA APPLES MILK-VARIETY	Sep - 5  JUICE-VARIETY TOAST ASSORTED CEREAL PEARS MILK-VARIETY	Sep - 6  JUICE-VARIETY TOAST ASSORTED CEREAL OR CHEESE OMELET AND HASH BROWN APPLESAUCE MILK-VARIETY	Sep - 7  JUICE-VARIETY TOAST ASSORTED CEREAL BANANAS MILK-VARIETY
Sep - 10  JUICE-VARIETY TOAST ASSORTED CEREAL PEACHES MILK-VARIETY	Sep - 11  JUICE-VARIETY TOAST ASSORTED CEREAL OR WG BLUEBERRY MUFFIN APPLESAUCE MILK-VARIETY	Sep - 12  JUICE-VARIETY TOAST ASSORTED CEREAL PINEAPPLE CHUNKS MILK-VARIETY	Sep - 13  JUICE-VARIETY TOAST ASSORTED CEREAL OR BREAKFAST BURRITO APPLES MILK-VARIETY	Sep - 14  JUICE-VARIETY TOAST ASSORTED CEREAL RAISINS MILK-VARIETY
Sep - 17  JUICE-VARIETY TOAST ASSORTED CEREAL PEARS MILK-VARIETY	Sep - 18  JUICE-VARIETY TOAST ASSORTED CEREAL OR PANCAKES AND TURKEY SAUSAGE LINK PINEAPPLE CHUNKS MILK-VARIETY	Sep - 19  JUICE-VARIETY TOAST ASSORTED CEREAL APPLESAUCE MILK-VARIETY	Sep - 20  JUICE-VARIETY TOAST ASSORTED CEREAL OR APPLE CINN MUFFIN ORANGES MILK-VARIETY	Sep - 21  JUICE-VARIETY TOAST ASSORTED CEREAL APPLES MILK-VARIETY
Sep - 24  JUICE-VARIETY TOAST ASSORTED CEREAL PEACHES MILK-VARIETY	Sep - 25  JUICE-VARIETY TOAST ASSORTED CEREAL OR BREAKFAST PIZZA APPLESAUCE MILK-VARIETY	Sep - 26  JUICE-VARIETY TOAST ASSORTED CEREAL PEARS MILK-VARIETY	Sep - 27  JUICE-VARIETY TOAST ASSORTED CEREAL OR CINNAMON ROLL BANANAS MILK-VARIETY	Sep - 28  JUICE-VARIETY TOAST ASSORTED CEREAL PINEAPPLE CHUNKS MILK-VARIETY

MENU SUBJECT TO CHANGE/JUICE IS 100% JUICE/MILK CHOICES: SKIM AND 1%  
"THE USDA AND THIS INSTITUTION ARE AN EQUAL OPPORTUNITY PROVIDER"

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.