

# Ware Public Schools

## WARE MIDDLE SCHOOL BREAKFAST - NOVEMBER 2018

Oct 19, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
			Nov - 1  JUICE-VARIETY TOAST ASSORTED CEREAL OR WG CHOC CHIP MUFFIN APPLESAUCE MILK-VARIETY	Nov - 2  JUICE-VARIETY TOAST ASSORTED CEREAL PEARS MILK-VARIETY
Nov - 5  JUICE-VARIETY TOAST ASSORTED CEREAL PEACHES MILK-VARIETY	Nov - 6  JUICE-VARIETY TOAST ASSORTED CEREAL OR BREAKFAST PIZZA APPLES MILK-VARIETY	Nov - 7  JUICE-VARIETY TOAST ASSORTED CEREAL ORANGES MILK-VARIETY	Nov - 8  JUICE-VARIETY TOAST ASSORTED CEREAL OR CHEESE OMELET AND HASH BROWN PINEAPPLE CHUNKS MILK-VARIETY	Nov - 9  JUICE-VARIETY TOAST ASSORTED CEREAL STRAWBERRY CUP MILK-VARIETY
Nov - 12  SCHOOL CLOSED TODAY VETERAN'S DAY	Nov - 13  JUICE-VARIETY TOAST ASSORTED CEREAL OR WG BLUEBERRY MUFFIN PEARS MILK-VARIETY	Nov - 14  JUICE-VARIETY TOAST ASSORTED CEREAL PEACHES MILK-VARIETY	Nov - 15  JUICE-VARIETY TOAST ASSORTED CEREAL OR CINNAMON ROLL BANANAS MILK-VARIETY	Nov - 16  JUICE-VARIETY TOAST ASSORTED CEREAL APPLESAUCE MILK-VARIETY
Nov - 19  JUICE-VARIETY TOAST ASSORTED CEREAL PINEAPPLE CHUNKS MILK-VARIETY	Nov - 20  JUICE-VARIETY TOAST ASSORTED CEREAL OR BREAKFAST BURRITO PEACHES MILK-VARIETY	Nov - 21  JUICE-VARIETY TOAST ASSORTED CEREAL APPLES MILK-VARIETY	Nov - 22  SCHOOL CLOSED TODAY THANKSGIVING RECESS	Nov - 23  SCHOOL CLOSED TODAY THANKSGIVING RECESS
Nov - 26  JUICE-VARIETY TOAST ASSORTED CEREAL MIXED FRUIT MILK-VARIETY	Nov - 27  JUICE-VARIETY TOAST ASSORTED CEREAL OR CHEESE OMELET AND HASH BROWN PEACHES MILK-VARIETY	Nov - 28  JUICE-VARIETY TOAST ASSORTED CEREAL PINEAPPLE CHUNKS MILK-VARIETY	Nov - 29  JUICE-VARIETY TOAST ASSORTED CEREAL OR CINNAMON ROLL APPLESAUCE MILK-VARIETY	Nov - 30  JUICE-VARIETY TOAST ASSORTED CEREAL PEARS MILK-VARIETY

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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MENU SUBJECT TO CHANGE/JUICE IS 100% JUICE/MILK CHOICES: SKIM AND 1%  
"THE USDA AND THIS INSTITUTION ARE AN EQUAL OPPORTUNITY PROVIDER"

BREAKFAST PRICES: \$1.45    REDUCED: \$0.30  
PLEASE MAKE CHECKS PAYABLE TO: TOWN OF WARE

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