

# Ware Public Schools

## WARE MIDDLE SCHOOL BREAKFAST - JANUARY 2019

Dec 14, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
	Jan - 1  SCHOOL CLOSED TODAY HAPPY HOLIDAYS	Jan - 2  JUICE-VARIETY TOAST ASSORTED CEREAL PEACHES MILK-VARIETY	Jan - 3  JUICE-VARIETY TOAST ASSORTED CEREAL OR PANCAKES AND TURKEY SAUSAGE LINK APPLES MILK-VARIETY	Jan - 4  JUICE-VARIETY TOAST ASSORTED CEREAL OR HOT OATMEAL PINEAPPLE CHUNKS MILK-VARIETY
Jan - 7  JUICE-VARIETY TOAST ASSORTED CEREAL PEARS MILK-VARIETY	Jan - 8  JUICE-VARIETY TOAST ASSORTED CEREAL OR BREAKFAST PIZZA PEACHES MILK-VARIETY	Jan - 9  JUICE-VARIETY TOAST ASSORTED CEREAL PINEAPPLE CHUNKS MILK-VARIETY	Jan - 10  JUICE-VARIETY TOAST ASSORTED CEREAL OR WG CHOC CHIP MUFFIN BANANAS MILK-VARIETY	Jan - 11  JUICE-VARIETY TOAST ASSORTED CEREAL OR HOT OATMEAL APPLESAUCE MILK-VARIETY
Jan - 14  JUICE-VARIETY TOAST ASSORTED CEREAL APPLES MILK-VARIETY	Jan - 15  JUICE-VARIETY TOAST ASSORTED CEREAL OR CHEESE OMELET AND HASH BROWN PEARS MILK-VARIETY	Jan - 16  JUICE-VARIETY TOAST ASSORTED CEREAL ORANGES MILK-VARIETY	Jan - 17  JUICE-VARIETY TOAST ASSORTED CEREAL OR BREAKFAST TACO APPLESAUCE MILK-VARIETY	Jan - 18  JUICE-VARIETY TOAST ASSORTED CEREAL OR HOT OATMEAL PEACHES MILK-VARIETY
Jan - 21  SCHOOL CLOSED TODAY MARTIN LUTHER KING DAY	Jan - 22  JUICE-VARIETY TOAST ASSORTED CEREAL OR WG BLUEBERRY MUFFIN APPLES MILK-VARIETY	Jan - 23  JUICE-VARIETY TOAST ASSORTED CEREAL PINEAPPLE CHUNKS MILK-VARIETY	Jan - 24  JUICE-VARIETY TOAST ASSORTED CEREAL OR CINNAMON ROLL PEACHES MILK-VARIETY	Jan - 25  JUICE-VARIETY TOAST ASSORTED CEREAL OR HOT OATMEAL PEARS MILK-VARIETY

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Jan - 28  JUICE-VARIETY TOAST ASSORTED CEREAL APPLESAUCE MILK-VARIETY	Jan - 29  JUICE-VARIETY TOAST ASSORTED CEREAL OR FRENCH TOAST STICKS TURKEY SAUSAGE LINK PEARS MILK-VARIETY	Jan - 30  JUICE-VARIETY TOAST ASSORTED CEREAL PEACHES MILK-VARIETY	Jan - 31  JUICE-VARIETY TOAST ASSORTED CEREAL OR WG CHOC CHIP MUFFIN APPLES MILK-VARIETY	

MENU SUBJECT TO CHANGE/JUICE IS 100% JUICE/MILK CHOICES: SKIM AND 1%  
"THE USDA AND THIS INSTITUTION ARE AN EQUAL OPPORTUNITY PROVIDER"

BREAKFAST PRICE: \$1.45      REDUCED: \$0.30  
PLEASE MAKE CHECKS PAYABLE TO: TOWN OF WARE

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