

Ware Public Schools

WARE MIDDLE SCHOOL BREAKFAST - JANUARY 2018

Dec 12, 2017

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| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|---|
| Jan - 1 SCHOOL CLOSED TODAY HAPPY NEW YEAR | Jan - 2 JUICE-VARIETY TOAST ASSORTED CEREAL OR WG BLUEBERRY MUFFIN CRAISINS MILK-VARIETY | Jan - 3 JUICE-VARIETY TOAST ASSORTED CEREAL APPLESAUCE MILK-VARIETY | Jan - 4 JUICE-VARIETY TOAST ASSORTED CEREAL OR CINNAMON ROLL MIXED FRUIT MILK-VARIETY | Jan - 5 JUICE-VARIETY TOAST ASSORTED CEREAL OR HOT OATMEAL PEARS MILK-VARIETY |
| Jan - 8 JUICE-VARIETY TOAST ASSORTED CEREAL PEACHES MILK-VARIETY | Jan - 9 JUICE-VARIETY TOAST ASSORTED CEREAL OR BREAKFAST PIZZA MIXED FRUIT MILK-VARIETY | Jan - 10 JUICE-VARIETY TOAST ASSORTED CEREAL APPLES MILK-VARIETY | Jan - 11 JUICE-VARIETY TOAST ASSORTED CEREAL OR PANCAKES TURKEY SAUSAGE LINK PEARS MILK-VARIETY | Jan - 12 JUICE-VARIETY TOAST ASSORTED CEREAL OR HOT OATMEAL PINEAPPLE CHUNKS MILK-VARIETY |
| Jan - 15 SCHOOL CLOSED TODAY MARTIN LUTHER KING DAY | Jan - 16 JUICE-VARIETY TOAST ASSORTED CEREAL OR WG CHOC CHIP MUFFIN APPLESAUCE MILK-VARIETY | Jan - 17 JUICE-VARIETY TOAST ASSORTED CEREAL PINEAPPLE CHUNKS MILK-VARIETY | Jan - 18 JUICE-VARIETY TOAST ASSORTED CEREAL OR BREAKFAST BURRITO PEACHES MILK-VARIETY | Jan - 19 JUICE-VARIETY TOAST ASSORTED CEREAL OR HOT OATMEAL APPLES MILK-VARIETY |
| Jan - 22 JUICE-VARIETY TOAST ASSORTED CEREAL MIXED FRUIT MILK-VARIETY | Jan - 23 JUICE-VARIETY TOAST ASSORTED CEREAL OR BREAKFAST PIZZA PEARS MILK-VARIETY | Jan - 24 JUICE-VARIETY TOAST ASSORTED CEREAL APPLESAUCE MILK-VARIETY | Jan - 25 JUICE-VARIETY TOAST ASSORTED CEREAL OR APPLE CINN MUFFIN BANANAS MILK-VARIETY | Jan - 26 JUICE-VARIETY TOAST ASSORTED CEREAL OR HOT OATMEAL PEACHES MILK-VARIETY |
| Jan - 29 JUICE-VARIETY TOAST ASSORTED CEREAL PINEAPPLE CHUNKS MILK-VARIETY | Jan - 30 JUICE-VARIETY TOAST ASSORTED CEREAL OR CHEESE OMELET AND HASH BROWN APPLES MILK-VARIETY | Jan - 31 JUICE-VARIETY TOAST ASSORTED CEREAL PEACHES MILK-VARIETY | | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday

Tuesday

Wednesday

Thursday

Friday

MENU SUBJECT TO CHANGE/JUICE IS 100% JUICE/MILK CHOICES: SKIM AND 1%
"THE USDA AND THIS INSTITUTION ARE AN EQUAL OPPORTUNITY PROVIDER"

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** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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